

Instructions to Authors

Prior Publication:

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Ethics:

When reporting experiments on human subjects, indicate whether the procedures followed were in accord with the ethical standards of the responsible institutional or regional committee on human experimentation or in accord with the Helsinki Declaration of 1975 as revised in 1983. Do not use patient names or initials or hospital name in the manuscript. When reporting experiments on animals, indicate whether the institution's guidelines for the care and use of laboratory animals were followed.

Categories of Manuscript:

JAT accepts following categories of articles.

- Original Article
- Review
- Case Report
- Others (Correspondence, Letter to Editor)

Preparation of Manuscript:

The authors are requested to follow the following instructions precisely so as not to delay review and handling of manuscripts.

Cover Letter

A cover letter should include a statement regarding prior publication and concurrent consideration for publication (see above).

Organization and Typing of Manuscript

All manuscripts must be organized according to the following format: 1) **Title page**, 2) **Abstract** (not more than

250 words, and do not cite references in the abstract), **Supplementary key words** (3–5 words), **Running title** (not more than 40 characters), 3) **text**, 4) **Acknowledgments** and **Notice** of grant support, 5) **References** (see below), 6) **Footnotes** to text, if any, 7) **Tables**, 8) **Figures**, and 9) **Legends for Figures**. The title page should indicate the title of paper (not more than two printed lines of about 90 characters), full name(s) of author(s) (without titles) and name(s) and addresses of their institution(s), and 10) **category of manuscript**.

The text of **Original Articles** should consist of **Introduction, Aim, Methods, Results, Discussion** and **Conclusion**.

Review has no fixed format; however, if the work has previously been presented at a meeting, this should be stated.

The text of **Case Report** should contain **Introduction, Case Presentation**, and **Discussion** in sequence.

Correspondence and **Letter to Editor** are considered for publication, subject to editing and abridgement, provided they do not contain material that has been submitted or published elsewhere. Correspondence should offer objective and constructive criticism of published articles in JAT. Please note the following.

- Correspondence and Letter to Editor must not exceed 1,000 words in length.
- Correspondence and Letter to Editor can have not more than ten references and one or two figures or table.
- Correspondence and Letter to Editor can be signed by not more than three authors.

All manuscripts must be typed in double space on 21 × 29.7 cm paper with a margin of about 3 cm on each side, with each of sections 1) to 9) beginning on a separate page.

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Unit abbreviations should be without periods and in accordance with the "Style Manual for Biological Journals", 2nd Edition, prepared by the Committee on Form and Style of the Conference of Biological Editors, American Institute of Biological Science, Washington, D. C., 1976. Some examples of commonly used abbreviations are as follows; L, mL, μ L, g, mg, μ g, ng, mol, μ mol, nmol, pmol, mp, bp, h, min, s, cpm, ppm, M, mM, μ M, nM, pM, rpm.

Some abbreviations commonly used in clinical biochemistry, such as mg/dL, though not included in the Committee's manual may also be used. However, other uncommon abbreviations should be avoided or collectively spelled out in footnote of the first page of the text.

Figures and Legend

For each figure, provide a short title and legend sufficiently detailed that the figure is intelligible without ref-

erence to the text.

Histopathological images should be saved at a resolution of at least 800dpi.

Figures should be numbered in the order in which they are cited in the text.

Tables

Tables should be prepared so that they are self-explanatory. No vertical lines should be used to set columns apart, and horizontal lines are limited to three (between the title and the column headings, between the headings and the body and between the body and the legend or footnote). Each table should have a short title, and tables should be numbered in the order in which they are cited in the text. Tables should be typed double-spaced throughout with each table on a separate page. References to footnotes should be made using the symbols *, **, and *** (for statistical significance), and § or † for other use.

References

References cited in the text should be numbered in order of appearance as numerals in brackets and listed in the Reference section of the paper. They should be arranged as follows: all author(s) name and initials (without period), title of paper, name of journal, year of publication, volume, and first and last page numbers connected with a hyphen(-). The titles of journals should be abbreviated as shown below according to the current system for Chemical Abstract and Biological Abstract, which is in accordance with the International List of Periodical Title Word Abbreviations (International Standard ISO 833) published in November 1974 by the International Organization for standardization. References to books should include author's name(s) and initials (without period), title of article, title of book starting with "In:", edition, editor's name(s) and initials (without period), first and last pages connected with a hyphen(-) after pp, publisher, place of publication, and year of publication, as shown below for book citation.

- (1) Ballantyne C, Arroll B, and Shepherd J: Lipids and CVD management: towards a global consensus. *Eur Heart J*, 2005; 26:2224-2231
- (2) Messina V, Mangels R, and Messina M: Vitamins. In: *The dietitian's Guide to vegetarian diets- issues and applications* 2nd Ed, ed by Messina V, Mangels R and Messina M, pp170-217, Jones and Bartlett Publishers, Inc, Massachusetts, USA, 2004
- (3) Lohman TG, Roche AF, and Martorell R: *Anthropometric Standardization Reference Manual*, Human Kinetics Books, Champaign, Illinois, 1988

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Office of JAT
Japan Atherosclerosis Society
c/o Kyowa Kikaku Ltd.
2-20-15, Shinbashi, Minato-ku,
Tokyo 105-0004, Japan
E-mail: jas@kk-kyowa.co.jp